Commission on Aging

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Agenda

July 14, 2011

3:30 –4:30 p.m.

Commission Members	Karen Wright, Chair; Regan Overholt, Vice-Chair; Lucinda Talkington, Don Campbell, Benjamin Garman
3:30 p.m.	**Call to Order**
3:30 p.m.	**Pledge of Allegiance**
3:32 p.m.	**Minutes:** 1. May 12, 2011
3:32 p.m.	**Correspondence** Thank You letter and donation from Keith Mannee's family.
3:32 p.m.	**Public Comment**
3:35 p.m.	**Communications Written-Staff Reports** 2. Senior Center Report-Kris Bain
3:35 p.m.	**Presentations**
3:35 p.m.	**New Business-Action Items**
3:40 p.m.	**New Business-Information Items**
3:45 p.m.	**Old Business-Action Items**
3:45 p.m.	**Old Business-Information Items** 3. Discuss COA presentation to Council

3:50 p.m.	**Committee Reports**
3:50 p.m.	**Other Business**
3:55 p.m.	**Communications-Commission/Staff Statements and Requests** *This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission's consideration of any items a Commission Member would like to have discussed at a future Commission Meeting.*
4:00 p.m.	**Business Items for Next Meeting**
4:00 p.m.	**Next Meeting Date:** September 8, 2011
4:00 p.m.	**Adjournment**

Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes

Regular Meeting Minutes of May 12, 2011

Call to Order

Meeting convened at 3:32 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Wright presiding.

Commissioners Present:	Campbell, Garman, Wright, Talkington
Absent:	Overholt
Staff:	Haynie
Guests:	Donna Currey

Pledge of Allegiance

Minutes

1. Meeting Minutes of March 14, 2011 (Item 1)
   Commissioner Talkington moved to approve the Meeting Minutes of April 14, 2011 with one correction; Commissioner Talkington seconded. Motion carried.

Correspondence

Public Comment

Communications Written-Staff

2. Senior Center Report-Bain
   Commissioner Talkington made the motion to accept staffs report as written, Commissioner Garman seconded the motion. Motion carried.

Presentations (none)

New Business-Action Items

New Business-Information Items

Old Business-Action Items

Old Business-Information Items

Committee Reports

Communication-Commission/Staff Statements and Requests

Commissioner Talkington updated the Commission on the Computer Club Committee issue with missing software. Programs were reinstalled and the Committee was very accommodating.

Discussed potential funding for Teens Helping Seniors program. Investigate possibility of partnering with Senior Center Inc. for this project. Commissioner Campbell will attend the June 2, 2011 SCI Board meeting to discuss a partnership in finding a funding source for Teens Helping Seniors.

Commissioner Garman informed the Commission of attending the Parks & Recreation Commission meeting on April 25, 2011. Commissioner Garman and Commissioner Salinas had a discussion about the Yolo Aging Alliance.

Other Business

Business Items for Next Meeting:

Facility Issue/Planning List

Update on SCI Meeting: Teens Helping Seniors Funding Sources

Next Meeting Date: June 9, 2011

Adjourn: Chair Wright adjourned the meeting at 4:22p.m.

Respectfully submitted,

Cathy Haynie, Administrative Secretary
Parks & Recreation Department

long as she was able, and dear brother Kent, who was always there for him with patience and love. And now I know the younger ones in the family continued the tradition.

I have heard what a wonderfully happy and supportive family you all were to Keith, and I thank you for being there. Sincerely. J. Cook.

Dear Friends,

The enclosed is a gift from Keith Mannee's Uncle Les, who predeceased him.

Keith was such a special man: kind and gentle, full of love and handling frustrations and incapabilities better than most of us could. He was especially fortunate to have a wonderful, loving support team, especially his mom, as

City of Woodland

Woodland Senior Center • 2001 East St. Woodland, CA 95776 •Phone: (530) 661-2001 • Fax: (530) 666-7257

Jane Cook
1726 Farview Lane
Prescott, AZ 86305-2256

Dear Ms Cook,

Thank you so kindly for your generous donation to the Woodland Senior Center in supporting senior programs within Woodland. Community involvement and private donations are major way senior programs continue to be offered in Woodland. With the help of compassionate volunteers and generous donations, the Woodland Senior Center continues to a variety of fun and variety of programs for seniors.

We greatly appreciate your generosity and kindness for the seniors of the community. We appreciate your kind words of support and we certainly miss Keith too!

With regard,

Kris Bain
Senior Center Supervisor
(530) 661-2001

Woodland Parks & Recreation Department
WOODLAND SENIOR CENTER
2001 East Street • Woodland, CA 95776 • (530) 661-2001

Commission on Aging Report
June & July 2011

TO: Elle Murphy, Recreation Division Manager

FROM: Kris Bain, Senior Center Supervisor

Supervisor's Notes

Items to note

- **Lunch Time Activities**
  Our efforts to help boost numbers in the Chit Chat Café on the slower day, we have used Intern, Danielle Craig to help engage the seniors. She has gotten creative in running various trivia and Bingo games, and she is currently working on a recognition game. She puts a lot of effort into having the seniors connect and engage, other than just sitting and eating. ENP has helped with gathering small little prizes to be given to winners. Also during lunch AllWest comes once a month to show videos of upcoming destinations and a senior volunteer shows slide shows of his travels throughout the world. With all the activities, there are about 10 days in which there is more activity/presentation during lunch for the lunch crowd to listen (or not) to.

- **AllWest Travel program**
  May's trips for AllWest went to Fairfield, Yosemite, and to the Winchester Mystery House. The program takes a bit of time and effort, but so far it runs smoothly. Seniors are enjoying having an opportunity for day trips. We received our $450 commission check for the Yosemite and Healdsburg. Upcoming for July and August, we have All West trips going to the Gilroy Garlic Festival, Eureka, and the Feather River casino.

- **June Movie, The King's Speech**
  A surprise to all, forty people came to watch The King's Speech on June 16. Staff wasn't quite prepared to have so many for the movie, but it worked out. A suggestion of we anticipate more than 15 for the movie is to move to the Youth Center with the large screen and movie-type chairs. It may be a lot of work, but we feel it would be a positive move, and then they also wouldn't be so crowded.

Program Report May & June 2011

June 2011 Totals:	Classes Offered			Total Participants	Total PH	Gross Revenue	Total Expenses	Net Revenue
	32			1436	11826		$ -	$ -

FY 10/11 YTD Totals:	Classes Offered			Total Participants	Total PH	Gross Revenue	Total Expenses	Net Revenue
	305			2681	166,617	$ 7,054.68	$ -	$ 7,054.68

Recreation Report
classes ending: May 2011

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Total Fees Collected	Total Expenses	Complete Cancelled
Art	5/4/2011	5/25/2011	4	120	8	7	56			
Arthitis Support Group	5/9/2011	5/9/2011	1			11	0			
Bingo	5/4/2011	5/25/2011	9	120	18	154	2772			
Blood Pressure Clinic	5/24/2011	5/24/2011	1	120	2		0			Cancelled
Discover Shakespeare	5/5/2011	6/2/2011	3	120	6	16	96			
Canasta	5/3/2011	5/31/2011	5	60	5	13	65			
Ceramics	5/3/2011	5/31/2011	5	120	10	29	290			
Changes to Choices	5/3/2011	5/17/2011	2	120	4	7	28			
Computer Club Classes (a)	5/3/2011	5/11/2011	1	120	2	29	58			
Computer Club Classes (b)	5/11/2011	5/11/2011	1	120	2	15	30			
Computer Club Meeting	5/23/2011	5/23/2011	1	120	2		0			
Computer Lab	5/6/2011	5/20/2011	3	180	9		0			
Hand and Foot	5/4/2011	5/25/2011	4	180	12	48	576			
Handicrafters	5/2/2011	5/23/2011	4	60	4	18	72			
Hear! Here!	5/23/2011	5/23/2011	1	60	1	19	19			Next meeting here
HICAP Consulations	5/4/2011	5/19/2011	3			6				
Legal Consulations	5/20/2011	5/20/2011	1	30	0.5	3	1.5			
Low Impact Aerobics 8am	5/2/2011	5/25/2011	11	30	5.5	149	819.5			
Low Impact Aerobics 10am	5/2/2011	5/25/2011	11	30	5.5	345	1897.5			
Needles & Friends	5/2/2011	5/23/2011	4	60	4	36	144			
Outa Sight Self-help group	5/2/2011	5/17/2011	2	120	4	15	60			
Peripheral Neropathy	5/16/2011	5/16/2011	1	120	2	45	90			
Pedro	5/3/2011	5/3/2011	4	120	8	92	736			
Pinochle	5/5/2011	5/26/2011	4	120	8	40	320			
Ship Shape	5/3/2011	5/31/2011	9	30	4	40	160			
Senior Movie Day	5/19/2011	5/19/2011	1	120	2		0			A-Team
Stompers	5/2/2011	5/30/2011	4	120	8	35	280			
The Novel	5/3/2011	5/3/2011	1	60	1	7	7			
Stroke Support	5/16/2011	5/16/2011	1	120	2		0			
White Elephant Thrift Shop	5/6/2011	5/20/2011	4	120	8	36	288			
Woodcarvers	5/4/2011	5/25/2011	2	120	4	27	108			
All West Trip to Fairfield	5/7/2011	5/7/2011	1	480	8	13	104			
All West Trip to Winchester Mys	5/7/2011	5/7/2011	1	480	8	2	16			making 6% on e
All West Trip to Yosemite	5/23/2011	5/25/2011	1	2880	48	10	480			making 6% on e

Recreation Report
classes ending: June 2011

Activity	Start Date	End Date	Meetings	Min / Mtg	Class Hours	Participants	Participant Hours (PH)	Total Fees Collected	Total Expenses	Complete Cancelled
Art	6/1/2011	6/29/2011	5	120	10	20	**200**			
Arthitis Support Group	6/2/2011	6/2/2011	1			12	**0**			
Bingo	6/1/2011	6/29/2011	9	120	18	223	**4014**			
Blood Pressure Clinic	6/27/2011	6/27/2011	1	120	2	16	**32**			
Discover Shakespeare	6/9/2011	6/30/2011	4	120	8	8	**64**			
Canasta	6/7/2011	6/28/2011	4	60	4	15	**60**			
Ceramics	6/7/2011	5/31/2011	5	120	10	33	**330**			
Changes to Choices	6/7/2011	6/27/2011	2	120	4	13	**52**			
Computer Club Classes (a)			1	120	2		**0**			**no class**
Computer Club Meeting	6/27/2011	6/27/2011	1	120	2	22	**44**			**20th Anniversary S**
Computer Lab	6/3/2011	6/24/2011	4	180	12		**0**			
Hand and Foot	6/1/2011	6/29/2011	5	180	15	40	**600**			
Handicrafters	6/6/2011	6/27/2011	4	60	4	20	**80**			
Hear! Here!	6/13/2011	6/13/2011	1	60	1		**0**			**Next meeting here**
HICAP Consulations	6/1/2011	6/16/2011	3			15				
Legal Consulations	6/17/2011	6/17/2011	1	30	0.5	5	**2.5**			
Low Impact Aerobics 8am	6/1/2011	6/29/2011	13	30	6.5	174	**1131**			
Low Impact Aerobics 10am	6/1/2011	6/29/2011	13	30	6.5	335	**2177.5**			
Needles & Friends	6/6/2011	6/27/2011	4	60	4	25	**100**			
Outa Sight Self-help group	6/7/2011	6/21/2011	2	120	4	10	**40**			**field trip meeti**
Peripheral Neropathy	6/20/2011	6/20/2011	1	120	2	30	**60**			
Pedro	6/7/2011	6/28/2011	4	120	8	128	**1024**			
Pinochle	6/2/2011	6/1/1960	5	120	10	57	**570**			
Ship Shape	6/2/2011	6/30/2011	9	30	4	64	**256**			
Senior Movie Day	6/16/2011	6/16/2011	1	120	2	38	**76**			**King's Speec**
Stompers	6/6/2011	6/27/2011	4	120	8	36	**288**			
The Novel	6/14/2011	6/14/2011	1	60	1	9	**9**			
Stroke Support	6/20/2011	6/20/2011	1	120	2		**0**			
White Elephant Thrift Shop	6/3/2011	6/24/2011	4	120	8	67	**536**			
Woodcarvers	6/1/2011	6/15/2011	2	120	4	20	**80**			
All West Trip to Alcatraz	6/18/2011	6/18/2011	1				**0**			**Cancelled**
All West Trip to SF	6/23/2011	6/23/2011	1			1	**0**			
Library Usage		11 vol. hours			56 ret. Book	269 new books				

Highlighted Program

May 2011, The Novel book club

The Novel is a book group, who meets one time a month. They will be completing the novel, PHINEAS REDUX by Anthony Trollope in June. After discussion has ended for the book, they will have an English tea off-site in July. The Novel typically spends usually six to eight months with an in-depth study on a book. Following the completion of a book it is customary to celebrate with a high tea in the home of a member. They have two more books in Trollope's Palliser series and they plan to begin THE PRIME MINISTER in August.

June 2011, Needles & Things

Needles and Things is a quilting group who meet Monday mornings from 9-11 am. The group is open to anyone interested in learning to quilt and free. All levels of sewing are invited to come to class and meet the participants to see if quilting interests them.

Senior Center Programs, Games, & Services Available

Support Groups

Arthritis Support Group
Changes to Choices
Hear! Here!
Parkinson's Support Group

Outa Sight
Peripheral Neuropathy
Stroke Support

Exercise Classes

Low Impact Aerobics
Belly Dance for Seniors
Parkinson's Exercise
Ship Shape

Yoga
Swing Dance
Ballroom/Salsa Dance
Zumba Gold
Pilates

Services

Blood Pressure Clinic
Legal consultations
Health Insurance consultations
Senior Link Information & Assistance
Thrift Store
Community Care Car
Computer Classes
Chit Chat Café
Library
Video Library
YC Food Bank Low cost food distribution

Arts & Craft Classes

Art painting & drawing
Ceramics
Handicrafters
Needles & Friends
Woodcarving

Special Speakers/Classes

AARP Driver's Safety
Hear! Hear! Speaker
Life History
Outta Sight Speaker (on hold)
Shakespeare

General Recreation

Novel Book Club
Senior Travel
Woodland Stompers
Computer Lab

Games

Bingo	Wednesdays and Fridays at 12:15pm
Bridge	Wednesdays at 12:45 pm
Canasta	Tuesdays at 12 noon.
Hand & Foot	Wednesdays at 8:30 am
Cribbage	Wednesdays at 1pm
Mah Jong	Thursdays at 1pm

Pedro	Tuesdays at 12:15pm
Ping Pong	Fridays at 10:00am
Pinochle	Thursdays at 6 pm
Second Horizons	1st Friday of the month at 6pm.

Senior Center, Inc.

Senior Center, Inc is sponsoring a bus trip to Reno on July 16. For $30 riders are bussed to Reno's Silver Legacy, get a lunch pass, and $15 play. All proceeds are going to benefit Yolo County's Elderly Nutrition Program.

Community Care Car

No report given.

Computer Club

The Computer Club hosted their 20th anniversary party on Jun 27 with 22 in attendance. On the 4th of July, they hosted their annual Ice Cream social. Approximately 200 came to enjoy the cool ice cream and watch the Stompers kick up their heels for Independence Day. The Computer Club also brought in over $350 from the raffled prizes.

Elderly Nutrition

No report given.

Woodland Senior Outreach

No meeting since April.

Yolo County Healthy Aging Alliance (a subcommittee of the YC COA)

Missed June meeting

Upcoming dates

July 16	SCI's bus trip to Reno
July 21	Showing *True Grit*
July 25	Computer Club's Fraud Awareness
August 8	Collette Vacation Summer showcase for Spring & Summer 2012